



**THE PACHAKUTI MESA TRADITION®**  
Cross Cultural Shamanic Arts for Personal & Planetary Renewal  
BASIC PRACTICES

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## GLOBAL WEDNESDAY NIGHT LINK UP RITUAL

The purpose of the Wednesday Link Up is to connect our Mesas in order to add the intention of each of us to a single concentrated intention of global power for the cleansing and healing of *Pachamama* as well as the collective psyche. Link Up can be practiced individually, as we sit at our own Pachakuti Mesas, collectively, or by simply connecting our awareness and highest heart, wherever we are, at this sacred time.

### Core Steps in the Wednesday Night Link Up Process

**INVOCATION:** Intone *Pachamama*, *Mama Killa*, *Wiracocha*, *Inti*, and *K'uychi* three times each to open the ceremonial field, harmonize participants, and establish connection with the Spirit-infusing powers of Creation.

**BRIEF VISUALIZATION:** Focus on the celestial light (*k'anchay*), to resonate with supreme source of illumination and establish a connection to the *saywa*, the pillar of light that stretches between the *kaypacha* and the *hanaqpacha*.

**PLANETARY HEALING:** The awakening forces of the Universe are transmitted into the living body of the Earth through the center of the Mesa, while participants remain in open meditative engagement. Holding the highest intentions for beneficent transformation and healing in the world, incoming power (*kallpa*) is transmitted by drawing it in through the crown, down to the heart, and out each arm and hand into the center of the Mesa. (9:45 pm - 10:00 pm).

**DISTANCE HEALING:** The accumulated power may be used to promote healing in the lives of those who are "intended" into the mesa: each person concentrates on someone in need and releases that mental intention into the Mesa. (10:00 pm - 10:15pm).

**CLOSING OF CEREMONY:** Intone the five directions one time each. Seal the ceremonial field through a single, focused clap of the hands done collectively and in unison by all participants. This integrates and harmonizes all forces, while building the future potential of the Mesa.

### Remember:

- Wednesday Nights are an opportunity to energetically connect in soul presence with the circle of Pachakuti Mesa Practitioners worldwide, strengthening the Great Work of our shamanic planetary tribe.
- Performed as a weekly practice, Link Up provides an opportunity to deepen one's ritual mastery of the mesa. Whether performed in circle or alone at one's Mesa, it offers a rich "meeting" with this tradition – allowing a convergence of self, culture and nature within the experience of the practitioner.
- The power that is being harnessed and transmitted is deep and sentient nourishment for the Earth.

### A Note Regarding *Ayllu*

An *ayllu* is an extended family connected to a sacred site or *apu* and gathered together for a common task as sustainers of sacred trust between humans and the natural world. The Wednesday Night Link Up ceremony is a wonderful opportunity to connect physically with the members of your local *ayllu*, as well as to energetically amplify our planetary healing service.