



THE PACHAKUTI MESA TRADITION®
Cross Cultural Shamanic Arts for Personal & Planetary Renewal
ADVANCED PRACTICES

SPIRIT RENEWAL DESPACHO

This despacho was received after my heart was deeply touched by the suffering and incredible courage of a dear friend. After asking her permission, I began praying for help and guidance on her behalf, and quite by grace, this Despacho was received. The intention within the creation of this blessing is to: radically purify the recipient's poqpo from internal and external hucha; seal any places within the luminous body that have become tattered or torn; once sealed infuse all that they are with renewing energies of sami sonqo, sami uma, kawsay, and k'anchay. May this inspire and enrich your authentic path of service. May this be a blessing of vitality and boundless Love in your Ayllu. May this be one golden thread in the actualization of the dawning of the age of the Taripaypacha. Munay!

~ Robin Flynn, January 2018

Despacho Ingredients

- Despacho Manta (*cloth to wrap finished despacho bundle – optional*)
- Despacho Paper 1.5 x 1.5 ft
- Agua de Florida
- Cornmeal
- Tobacco
- Powdered Ashes from a Sacred Fire
- Powdered Sulfur (*Chunks of sulfur can be purchased at crystal shops and powdered at home. Once powdered, place in a container that is airtight and from where the powder can be easily poured without touching. Be careful in handling the powder not to breath it in or get on your hands, face, or eyes.*)
- Powdered Copal
- Naturally Formed Crystal Salt (*Himalayan or Grey Sea Salt*)
- Earth from a place dear to the recipient
- Small Locks of Hair from Person Receiving Despacho and any of their family members that feel called to join.
- Any other offerings that recipient feels called to bring that feel personally significant to their life at this time (*optional*)
- 1.5 ft Red Yarn or String & 4 ft Red Yarn or String
- 1 ft Gold Thread & 1 ft Silver Thread
- 5 Wayrurus Seeds (*Latin name Ormosia coccinea; if unavailable use a seed that carries the attributes of strength, beauty, and protection.*)
- Yellow Carnation Petals (*7-10 flowers – remove petals with prayers of gratitude for the blessings of Inti Tata.*)
- White Carnation Petals (*7-10 flowers – remove petals with prayers of gratitude for the blessings of Mama Killa*)
- Red Carnation Petals (*7-10 Flowers – remove petals with prayers of gratitude for the blessings of Pachamama and Life*)
- Sequins or Sugar to represent the Stars
- Shell filled with fat and a cross made of sticks gently pushed into the fat
- 3-Leaf *K'intu*

NOTE: A Spirit Renewal Despacho kit is available from [EarthFlowerOfferings](http://EarthFlowerOfferings.com).



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Despacho Steps

You may choose to do the following ceremony yourself or on behalf of another. If the recipient is with you while creating the despacho, it can be an act of empowerment and calling forth beauty into their lives to encourage them to engage in this process from step 2-14.

1. Place a drop of *Agua de Florida* on the ground or in the center of the *despacho manta*, and then place the paper down on top of this. Once the paper is placed, add one more drop of *Agua de Florida* in the center of the paper.
2. Create a cornmeal circle beginning in the south the *despacho* paper, moving clockwise.
3. Place the tobacco in a cross from north to south and then east to west.
4. On the outside of the cornmeal circle create a circle of the powdered ashes, again begin in the south and moving clockwise around the cornmeal. Have the ashes very close or touching the cornmeal.
5. Next take the powdered sulfur and create a circle within the cornmeal circle.
6. Take the powdered copal and create another circle within the powdered sulfur circle.
7. With the salt create another circle within the copal circle.
8. With the earth/sand create another circle within the copal circle.
9. Within the circle of earth place the lock(s) of hair and the recipient's personal offerings.
10. Take the red thread and gently create a circle that begins in the south within the cornmeal circle. Make sure that the ends of the thread overlap and connect.
11. Next, lay the gold thread over the red circle in a straight line from north to south.
12. Take the silver thread and lay it in a straight line from east to west.
13. Take the 5 *wayrurus* and place one in each of the cardinal directions where the metallic threads touch the red circle, and one in the center where they cross.
14. At this point, if the recipient has been guided through the previous steps, have them step aside. You can finish the blessing with the following steps.
15. With the yellow carnations, create a circular mound of flower petals to the center right of the *despacho*. This should look like a sun.
16. With the white petals create a crescent moon around the yellow petals. This should look like the moon embracing the sun.
17. Around both of these create a thick beautiful circle of red flower petals.
18. Upon all of this sprinkle star sequins or sugar.
19. To complete, place the shell with cross on the very center, and 3-leaf *k'intu* on top of this. Add one final drop of *Agua de Florida* to the *k'intu*.
20. Gaze upon the beauty of the *despacho*, then gently fold the paper, collecting all the offerings into the center so you can create a package. Tie it up with the 4 ft piece of red yarn or string.
21. Feel into the appropriate way of offering the *despacho* to Creation: burning or burying. If you do burn this, make sure that no one stands in the way of the smoke, as the powdered sulfur is not good to breathe in.