



THE PACHAKUTI MESA TRADITION®
Cross Cultural Shamanic Arts for Personal & Planetary Renewal
ADVANCED PRACTICES

RITUAL FOR TRANSFORMING OUR HUMAN IMPEDIMENTS

This ritual has been carefully designed to elicit healing transformation and visionary self-empowerment for yourself and loved ones by using photographs, writings, drawings, etc., that have been worked on your PMT altar ground.

In order to effect a complete reversal of the “energetic impasse” related to the individuals in the photographs, drawings or writing you have (or have been provided by a loved one), it is now necessary for you to work them at your Pachakuti Mesa in the following manner:

1. It is preferable that all people represented in the item(s) are present during the ceremony with you. If this is not possible, inform them of the day and time that you will be performing this *limpia y suspendida* ritual and have them release all unsupportive conditions in their current life to *wilka wayra* (sacred wind) during the exact time of your ceremonial enactment and direct them with focused vision toward your ritual space.
2. Your role (whether alone or with others) is to simply activate your personal Pachakuti Mesa ground (as you would on a Wednesday Night Link Up) during the new moon. Then do a ceremonial burning of the item(s) within a metal or ceramic bowl so that the remaining ashes may be mixed with an equal part of baking soda and about four parts water and then placed in a plastic container in the freezer to solidify.
3. On the following full moon, embark on a short pilgrimage with this frozen *jucha daño* residue, and with visionary conviction through a balance of your own shamanic power, release it into a body of non-stagnant water (ocean, river, stream). It would be ideal for the people involved in your healing service to be present during this final release on the full moon, although its efficacy is just as powerful if that is not possible.
4. When this transformational offering is complete, make sure to **turn over all attachment to the outcome of your efforts to a power greater than yourself**. This is the MOST crucial aspect for the efficacy of this ceremonial intention to reverse unsupportive conditions in your life or the lives of your loved ones. You should also endeavor to and encourage them to adopt an attitude of positive self-change and to live life as if what was once hindering health, joy and general personal fulfillment is no longer of any consequence to one’s overall well-being. In other words, one is to live life as if never afflicted by the condition one sought to remove.

It is a noble honor to master the art of the ritual transformation of seemingly autonomous obstacles in service to others. This is a true re-Membering of your destined role as luminous strands within the great web of life. You may rest assured that your prayers and good medicine shall always accompany you and those you serve on this sacred Earth walk.