



THE PACHAKUTI MESA TRADITION®
Cross Cultural Shamanic Arts for Personal & Planetary Renewal
GLOBAL CONTACTS

FORMING AN AYLLU: GUIDELINES FOR YOUR LOCAL COMMUNITY



Derived from the Quechua language used by the Inka culture of Peru, *ayllu* refers to local members of an extended family united by a common purpose as sustainers of sacred trust between humans and the natural world. Below are guidelines to assist you in creating what we consider an **active ayllu** that can be listed on our website:

1. Your ayllu is working steadily to have about seven members with the understanding that even two individuals are a start and it takes time and consistency to build a community.

2. Your ayllu is hosting local in-person gatherings at least four times per year. These can include Wednesday night Link-ups, full or new moon ceremonies, solstice and equinox gatherings, *apacheta* building and/or feeding, etc.

3. Your ayllu is maintaining active communication and sharing with and among the members. This could include any or all of the following: a private group Facebook page, newsletter, website, telephone or video conference calls, email, etc.

4. Your ayllu has a person willing to serve as the official Point of Contact for your ayllu who will be responsive to group communications.

5. Your ayllu has selected a unique name that is specific to your local geographic region. For example, we would not recommend your ayllu be called “The Vermont Ayllu” as this represents an entire state. It is better to be more specific to your area, for example, “The Burlington Vermont Ayllu” or “The Palouse Ayllu”.



The Heart of the Healer is here to support you and we will be happy to connect you with a mentor to assist your efforts. Please contact cindy@heartofthehealer.org if you would like to learn more.

